



QUIZ

Architecture, Multi-Sensory Environments, and Havens, Oh My!

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1. It is estimated that typically developing school kids with sensory challenges hover around what percentage?
 - a. 40-45%
 - b. 10-15%
 - c. 70-75%
 - d. 25-30%

2. What does MSE stand for?
 - a. Mental state examination
 - b. Main sensory exam
 - c. Multisensory environment
 - d. Mean squared error

3. What is the prevalence of autistic people who have sensory differences?
 - a. 20%
 - b. 45%
 - c. 70%
 - d. 90%

4. A _____ is typically considered a furnished space within a building that may or may not be a permanent installation.
 - a. Safe zone
 - b. Multisensory environment
 - c. Sensory space
 - d. architecture environment

5. This Egyptian researcher architect systematically developed the *Autism* ASPECTSS concept.
 - a. Dr. Magda Mostafa
 - b. Dr. Stephan J. Seidlmayer
 - c. Dr. Corina Rossi
 - d. Dr. Reem Khorshid

6. Which principle is not considered in the ASPECTSS concept that involves seven unique principles behind designing autism-friendly environments.
 - a. Acoustics
 - b. Sensory seeking
 - c. Compartmentalization
 - d. Transition spaces
 - e. Safety

7. MSE is not sensory _____, but offers multisensory input with a heavy emphasis on vestibular (movement of the body in space), proprioceptive (movement of joints within the body) and tactile (usually deep pressure) stimulation that is known to promote internal organization, or in the vernacular, *chilling out*.
- Seeking
 - Craving
 - Avoidant
 - Neutral
8. Sensory havens are often characterized by what aspect?
- Durability
 - Appearance
 - Portability
 - Price and structure
9. Sensory havens are an invaluable addition to many community events and can increase the staying power of autistic visitors by providing them with an opportunity to stay centered and calm.
- Supply of fidgets
 - Camping tents
 - Multisensory environments
 - Sensory havens
10. What is a side benefit for the family and/or caregivers while the children are inside the sensory havens?
- Time to regroup and have a break
 - Can focus on the other children not inside the havens
 - Time to go seek other attractions during the event
 - Time to speak to other parents at the event

Answer Key

- b
- c
- d
- b
- a
- b
- d
- c
- d
- a